

ICHTHUS

SUNDAY 28 MARCH 2021

PALM SUNDAY OF THE PASSION OF THE LORD

Year B



Hooray for Jesus - king of my heart!



ENTRANCE ANTIPHON

Hosanna to the Son of David;
blessed is he who comes in the name of the Lord,
the King of Israel.
Hosanna in the highest.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

Almighty ever-living God,
who as an example of humility for the human race to follow
caused our Saviour to take flesh and submit to the Cross,
graciously grant that we may heed his lesson of patient suffering
and so merit a share in his Resurrection...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING ISAIAH 50:4-7

God will give me the words to say, to give hope to people who are suffering. I wake every morning with God and listen, learning from everything God says to me. God helps me to hear what I need to know.

I did not fight back when I was attacked because of my faith. Despite people laughing at me and hurting me, even pulling at my beard and spitting on me, I did not lose faith. I know God is with me.

LOOK at the reader and LISTEN. The Suffering Servant has trust and faith in God.

RESPONSORIAL PSALM PSALM 21

My God, my God, why have you forsaken me?

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



SECOND READING PHILIPPIANS 2:6-11

Jesus is God. Yet he did not hold onto the power God has. Jesus emptied himself and became a human being, just like us. In fact, more than this, Jesus was not afraid to become like a slave and accept a criminal's death. In this seeming

weakness, however, is Jesus' strength. Having accepted his human suffering Jesus was raised high. His name is more important than any other name. Everyone should show, by kneeling before him, what a wonderful king Jesus is.

LOOK at the reader and LISTEN. Jesus emptied himself so that he could become a human being just like us.



GOSPEL ACCLAMATION

Praise to you, O Christ, king of eternal glory.
Christ was humbler yet,
even to accepting death, death on a cross.
But God raised him high
and gave him the name which is above all names.
Praise to you, O Christ, king of eternal glory.

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

This week, Holy Week, is the most important week of the Church's year. We enjoy Christmas so much that it's easy to think it's the most important festival. Easter, however, is the most special Christian feast day. Perhaps you can plan how to make next Sunday an even more special celebration than usual.



THINK

The people who cheered for Jesus on Palm Sunday are the same people who shout for his crucifixion at the end of the week. Crowds can help us forget what is right. We don't want to stand out and disagree with everyone else. Perhaps this story will help us to be brave in a crowd.



GOSPEL MARK 14:1 – 15:47

The Good News about Jesus is told to us by St Mark.

Today we hear how much Jesus had to suffer before he died. It is Jesus' friend Judas who gives Jesus away to the authorities who want to get rid of him. After the Last Supper Jesus' best friends keep falling asleep when he asks them to stay awake with him in the Garden of Gethsemane. Despite

promising to stand by Jesus forever, Peter says he does not know Jesus three times. In the religious court, Jesus is hit and spat on. The crowd turn against Jesus, calling for Barabbas to be set free. Then the Roman soldiers mock and beat him. Finally, even as he is dying on the cross, people jeer at Jesus.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who has been rejected and hurt by other people. Help them to know that you understand and let them feel your healing love. Lord, hear my prayer.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think of a time this week when you let someone down and then think of a time when you were a really good friend to someone.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Father, if this chalice cannot pass without my drinking it, your will be done.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for showing me what real love is. Help me to put other people before myself and not think it's always all about me. Amen.



PRAY

"Stay here while I pray."

Spend a few moments with Jesus. Have a chat about your day if you like. Most especially, just sit and enjoy being together with your friend.



DO

Imagine you are one of Jesus' disciples and write a short diary entry every day this week.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

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publications

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FSC logo



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

