Be confident that God loves you very, very much.



ENTRANCE ANTIPHON

To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.

COLLECT

Almighty ever-living God, grant that we may always conform our will to yours and serve your majesty in sincerity of heart...

RESPONSORIAL PSALM PSALM 32



FIRST READING ISAIAH 53:10-11

How can there be a good, loving God when innocent people suffer? There are no easy answers to this problem of evil. Yet for believers, there is a very real understanding that God is with us in our suffering and that

May your love be upon us, O Lord,

as we place all our hope in you.

good can from the bad situations and experiences we face. Jesus is, for us, the suffering servant, whose death and resurrection is the answer to the problem of evil. Love has shown us the way to life and real happiness.

We sau these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN.

God can bring good out of suffering and loves us through it all.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

SECOND READING HEBREWS 4:14-16

Jesus is so fantastic we never want to lose sight of him! We know that Jesus understands us. Although he is God, Jesus is completely human too. He has faced all the difficulties and challenges we face. Jesus really does

understand our weaknesses and will forgive us when we go wrong. He knows how hard it can be to make the right the right choices. And we can be confident that Jesus will help us out if we are struggling. We just need to ask!

LOOK at the reader and LISTEN.

We can be confident that Jesus understands us and will help us.



We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

29TH SUNDAY

Year B

Monday 18 October is the feast of St Luke, Evangelist. He was a Gentile, not Jewish, and a doctor. Luke wrote a Gospel and the Acts of the Apostles. He wanted to help everyone understand that Jesus' message of love is meant for the whole world, especially people who are left out and ignored.



Putting other people first can be really difficult. I would much rather do what I want, than think about what other people need! But if we want to follow Jesus this is what we must do. How will you love and serve your family and friends today?

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me. Alleluia!



GOSPEL MARK 10:35-45

The Good News about Jesus is told to us by St Mark.

Even after spending so long with Jesus, his disciples don't really understand what he is about. They are still looking forward to the power that they think following Jesus will bring. But Jesus is unlike any other leader or ruler. Jesus' power comes from

his love for other people, which will bring him pain and suffering. Putting other people first can be really hard, but that's how we are going to follow Jesus. We don't really understand just what it means, but loving and serving other people is the way to real happiness and joy!

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?



"...we place all our hope in you."

Sit in a quiet place with Jesus. Tell him what's on your mind, the good things and the bad or worrying. Be confident in Jesus' love and feel his happiness.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is suffering and in pain. Let them feel your loving presence and find the strength they need for today. Be with them. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.





Do a good deed every day, perhaps finding something kind to do for someone you wouldn't normally help.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time this week when you were tempted to do what you knew was wrong, but then made the right choice. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus tauaht us.

COMMUNION ANTIPHON

The Son of Man has come to give his life as a ransom for many. You are invited to sing a Communion song or sau this verse, which has been especially chosen for today's

celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for showing me by your example of what real love means. Thank you for always being there for me, no matter what. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sundau.

Go in peace.





"fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- (Theou/God's)
- Y (Uios/Son)
- Σ (Soter/Saviour)



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in the dioceses of Scotland.

